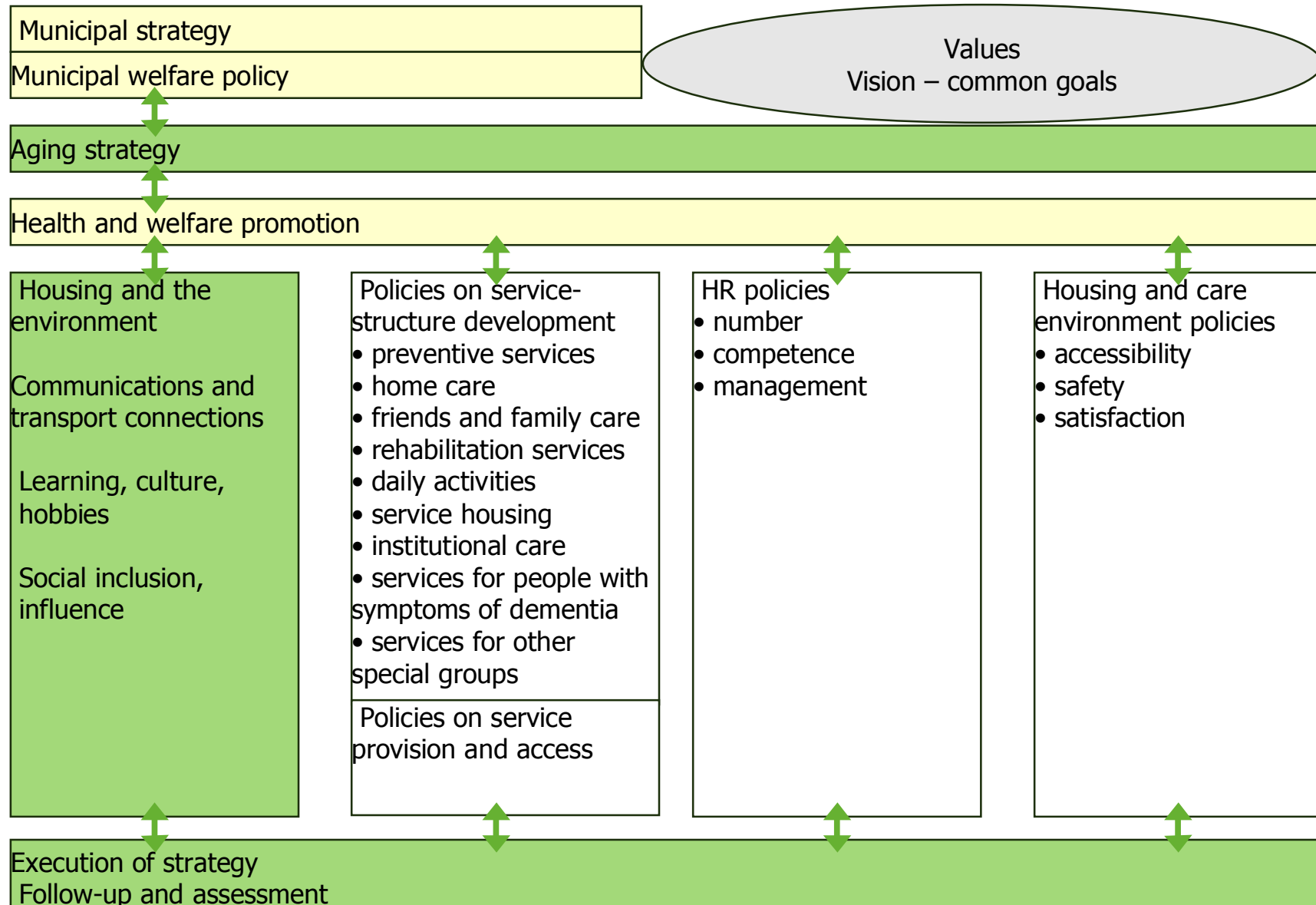


# Vantaa ages wisely

Vantaa Aging Policy 2010-2015

VANTAA

# Aging strategy



Source: National Framework for High-Quality Services for Older People, Ministry of Social Affairs and Health and The Association of Finnish Local and Regional Authorities, 2008:3



# Preparation

Overall preparation from January 2009  
to February 2010

Team named by the mayor:  
experts from different departments

Council of the Elderly and Senior Trainers involved in  
strengthening the resident and customer perspective

Workshops, seminars, Viksu blog, and aligning with  
different areas

Handled by committees in the spring of 2010 and approved  
by the city executive board on May 10, 2010<sup>3</sup>

VANTAA



# Vantaa's aging policy 2010–2015

Viksu – Aging policy and implementation plan

Service-structure development project – Developing health and social welfare services for the elderly

VANTAA

## Vision for 2015

"Vantaa's aging population constitutes an asset. The elderly in Vantaa lead meaningful lives in a way that the rest of the world can copy."

VANTAA



VIKSU  
Vantaa ages smartly

# What does VIKSU entail?

Increasing number of the elderly

There's no such thing as one old age

Challenges to municipal finances



Shared responsibility for good old age

Knowledge changes attitudes  
Participation makes an impact  
Housing meets with varied life situations  
Environment is accessible  
Preventive services promote welfare  
Latest technologies are utilized



Normalcy  
Freedom of choice and right of self-determination  
Fairness  
Safety

# Knowledge changes attitudes



Up-to-date campaigns

Open lectures on aging

Boosting city employees' competence in aging

Creating a website for senior citizens

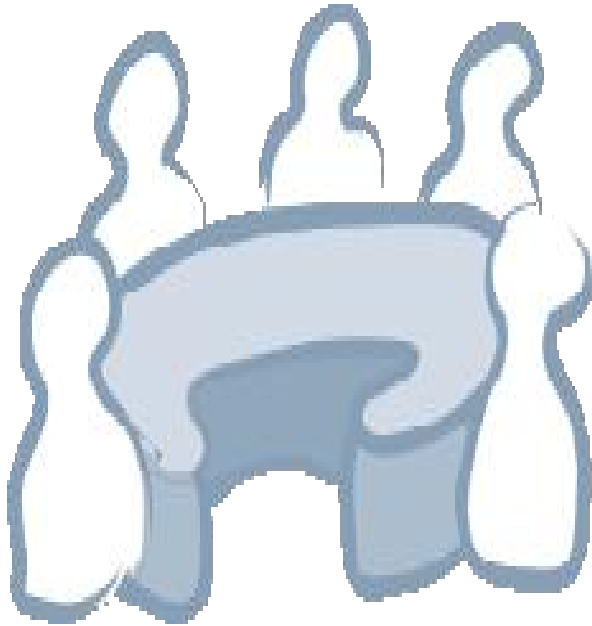
Updating the annual service guide

Launching senior information at Citizen's Offices

Instruction for senior citizens at libraries

Cooperating with universities, higher education institutions, and development units

# Participation makes an impact



Strengthening the role of the Council of the Elderly

Establishing Senior Trainer training

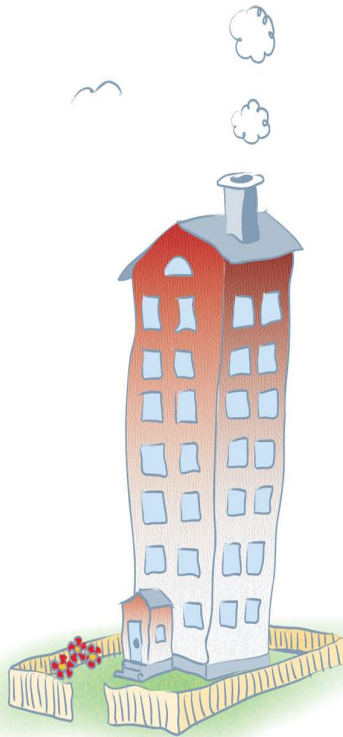
Creating volunteer work options

Arranging Viksu-related events to citizens and experts

Conducting a survey of senior citizens' service expectations

Sectors and communities arrange cooperation projects and events for people of all ages

# Housing meets with varied life situations



Senior citizens' perspective is accounted for in the planning stage

Different forms of housing in connection with / in the vicinity of senior citizens' centers

The living conditions of the elderly with poor housing are clarified

The safety of those living at home is enhanced with the help of the resident janitor model

The city offers housing-related counseling

# Environment is accessible

Accessibility of public premises is assessed and grievances are remedied



The accessibility perspective is accounted for in planning and new building

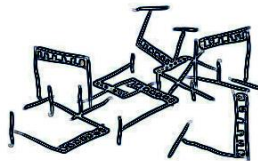


Repair and renovation of senior citizens' districts and apartments are prioritized



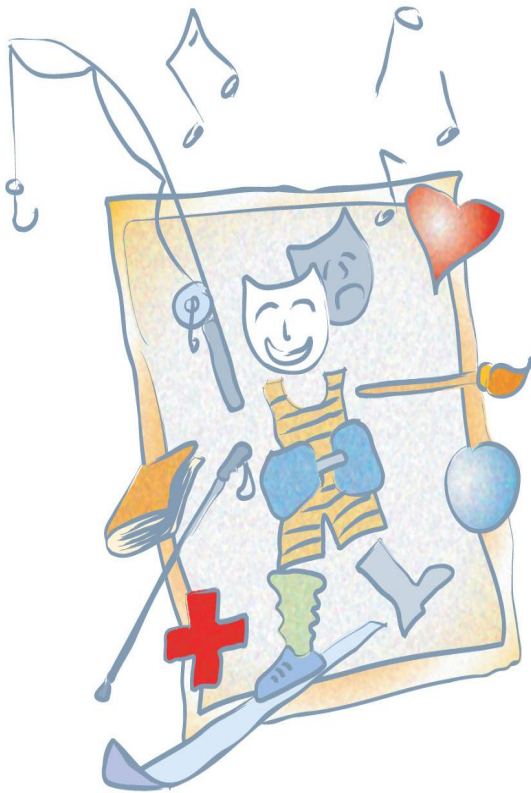
Accessibility and service availability are emphasized in planning mass transport

Functioning of service lines is assessed and developed



Environmental safety is enhanced

# Preventive services promote welfare



Increasing the local exercise options offered to aging citizens

Health care focuses on prevention: action programs for preventing national diseases as well as for prevention and early detection of memory disorders

Senior citizens are offered better learning and hobby options

The city makes it possible for the elderly to enjoy culture

# Latest technologies are utilized



Instruction in and guidance on skills required in an information society

Encouraging and instructing the elderly to utilize technologies in everyday living: home pages, exhibitions, user instructions, user support

The city participates in technological development together with businesses and R&D institutes

A plan to utilize care technologies is devised